MAY
NEWSLETTER
Summer Dessert Lemon Bars

By: Mentor Charity

Ingredients

- **Shortbread Crust**
  - 1 cup unsalted butter melted
  - 1/2 cup granulated sugar
  - 2 tsp pure vanilla extract
  - 1/2 tsp salt
  - 2 + 2 tbs all purpose flour

- **Lemon Filling**
  - 2 cups granulated sugar
  - 6 tbs all purpose flour
  - 6 large eggs
  - 1 cup lemon juice
  - optional: confectioners' sugar for dusting

Instructions:

Preheat the oven to 325°F (163°C). Line the bottom and sides of a 9 x 13 baking pan with parchment paper. Set aside.

**Make the crust:**
Mix the melted butter, sugar, vanilla extract, and salt together. Add the flour and stir to completely combine. Press the dough into the prepared pan and bake for about 20 minutes. The edges should be light brown to indicate it is finished.

**Make the filling:**
Sift the sugar and flour together first. Then, add the eggs and the lemon juice and whisk until completely combined. Pour filling over the crust and bake the bars for 22-25 minutes. Remove the bars from the oven and cool completely at room temperature (~1-3 hours). After the bars have cooled to room temperature I recommend chillin in the refrigerator for a couple of hours before serving.
Filipino and Filipino American Music Artists

By Mentor Aelizah

- Bruno Mars
- Lea Salonga
- H.E.R.
- Allan Pineda Lindo from The Black Eyed Peas
- Saweetie
- AJ Rafael
- Gabe Bondoc
- Joseph Vincent
- Inigo Pascual
- Sarah Geronimo
- Eraserheads
- Rivermaya
- Observing Nature  
- Star Gazing  
- Dawn Patrol  
- Going on a walk  
- Meditation  
- Recreational creation  
- Painting  
- Knitting  
- Drawing  

- Cooking with friends  
- Doing some yoga/stretching  
- Plan a movie night  
- Having a sleepover with others  
- Clean your room or destress cleaning  
- Taking naps  
- Eat some good food  
- Taking a nice long bath  
- Hanging out with friends
UNISEX SUMMER FASHION TRENDS
By Mentor AJ

- Tank tops
- Flannels
- Basketball shorts
- Baggy Jeans, Cargo Pants
- Oversized Vintage tees
- High Top Sneakers
- Fitted Caps
- Bucket hats
- Accessories Ring, necklaces, studs, hoops